

Child Health and Safety

Newsletter ...What to do in an emergency, World Suicide Prevention

This newsletter is designed to raise awareness of the work of the Staffordshire and Stoke-on-Trent Child Death Overview Panel (CDOP) and to bring news on our ongoing campaigns.

Issue 28 September 2017

Locally we have recently reviewed two child deaths where parents/carers had not called the emergency number 999. In both cases English was not the parents/carers first language and they were did not feel able to call and relay details of the emergency to services, or did not know the number.

If English is not a parent/carers first language ensure that they are familiar with the emergency call system and they know what to do :

What to do in an Emergency

In an emergency, if you or someone with you becomes seriously ill you can telephone **999** (free of charge) for an ambulance.

Just dial 999

- All Emergency calls are free
- The operators can get a translation service to help for non-English speakers
- Know where you are





I A S P

International Association for Suicide Prevention

September 10, 2017

World Suicide Prevention Day



Take a minute, change a life.

Issue 28 September 2017

10th September 2017 marks the 15th World Suicide Prevention Day

The purpose of this day is to raise awareness around the globe that suicide can be prevented. The Samaritans message is to reach out to people who may be struggling to cope. Connecting with others and letting people know that #ITSOKAYTOTALK is their key message for this Day.

“When a person reaches a point where they are focused on taking their life, they've often lost sight of trying to find a way through their problems. This period usually only lasts a short while and often it doesn't take a huge amount to bring someone back from that decision – something as simple as saying, 'it's ok to talk' can be enough to move someone out of suicidal crisis.”

You don't need to be an expert. Often, just asking if someone's OK and letting them know you're listening can give people the confidence to open up about how they're feeling.

Support Organisations for young people and anyone concerned about a young person

PAPYRUS Prevention of young suicide 0800 068 41 41

Samaritans 116 123

YoungMinds Parents Helpline 0808 802 5544. Young Minds is a national charity focused on improving the emotional wellbeing and mental health of children and young people. Their [website](#) has a range of information and resource for children, young people and parents

CAMHS - Child and Adolescent Mental Health Services. Offer assessment and treatment when children and young people have emotional, behavioural or mental health difficulties – speak to your gp for a referral to a local team



www.safeguardinchildren.stoke.aov.uk

For Further CDOP information :

Contact the Child Death Co-Ordinator, Faith Lindley
Tel: 01785 232724; E-fax: 01785 235047
Email: faith.lindley-cooke@staffordshire.pnn.police.uk



www.staffsscb.org.uk