

Sepsis Awareness

Over the last 8 years, 11 children in Staffordshire have suffered a sudden death related to an infection from Staphylococcus or Group A Streptococcus.



Sepsis is a life threatening condition that arises when the body's response to an infection injures its own tissues and organs. Children, particularly premature babies and infants, can be more susceptible to developing sepsis.

What are the early signs and symptoms of sepsis?

- Flu-like illness, chest infection
- Fever, hypothermia (low body temperature), or seizures
- Not eating, drinking, sucking poorly, or vomiting
- Fast or slow heart rate
- Pale or discoloured skin
- Fast breathing or trouble breathing
- Urinating very little or not at all
- Weakness, irritability, drowsiness, and harder to wake than normal
- Localised muscle tenderness, severe muscle aches

What should I do if these symptoms develop:

- Contact your GP or seek medical advice immediately